

Great Wood Farm Spring Menu

Ver 1.0	Monday 8th April	Tuesday 9th April	Wednesday 10th April	Thursday 11th April	Friday 12th April National Pie Day
Breakfast (8-8.45am) Options Available	Cereal Fresh Fruit Wholemeal Toast & Jam Diluted Orange Juice Milk or Water	Cereal Fresh Fruit Wholemeal Toast & Jam Diluted Orange Juice Milk or Water	Cereal Fresh Fruit Wholemeal Toast & Jam Diluted Orange Juice Milk or Water	Cereal Fresh Fruit Wholemeal Toast & Jam Diluted Orange Juice Milk or Water	Cereal Fresh Fruit Wholemeal Toast & Jam Diluted Orange Juice Milk or Water
Morning Snack Milk or Water	Juicy Raisins	Yummy Biscuits	Selection of Fresh Fruits	Juicy Raisins	Yummy Biscuits
Lunch (12pm)	Poached Cod with Cheddar Cheese & Spinach Sauce * Freshly Made Cake	Chinese Chicken Curry & Rice Selection of Fresh Fruits	Full of Vegetables Tomato Sauce with Cheese & Garlic Bread Cake & Custard	Roast Turkey, Stuffing, Roast Potatoes & Gravy Selection of Fresh Fruits	Chicken, Ham & Leek Pie with Mashed Potato * Freshly Made Cake
Afternoon Snack Milk or Water	Cheese Crackers	Rice Cakes	Yummy Biscuits	Cheese & Biscuits	Trying Something New
Tea (4pm)	Baked Beans with Hidden Vegetables on Toast Selection of Fresh Fruits	Hotdog Sausage Roll with Salad & Homemade Tomato Sauce Fromage Frais	Selection of Sandwiches with Vegetable Sticks & Crisps * Freshly Made Cake	Spaghetti Hoops with Hidden Vegetables on Toast Greek Yoghurt with Fruit Puree	Macaroni Pasta & Tomato Sauce Selection of Fresh Fruits
Tea (Under 1's)	Chicken Meatballs & Pasta	Sausage Lasagne & Veg Sticks	Cottage Pie	Casserole & Potatoes	Macaroni Pasta & Tomato Sauce

Water and fresh fruit is available throughout the day and at meal times. Menu may change occasionally without notice.

All meals are freshly made in our on-site kitchen using good quality meats and local produce where possible.

* All cakes are freshly made using reduced sugar recipes where possible. All meals are adapted for dietary/allergy/religious needs where possible.

